

Dear Colleague,

Thank you for entrusting the care of your patients to Christiana Care Behavioral Health. In January we began to integrate outpatient behavioral health services into primary care practices. On March 30 we added a new, transitional outpatient behavioral health service, available to providers in Christiana Care Quality Partners.

The new, transitional service will provide adults with an individualized behavioral health evaluation, care planning and short-term, time-limited psychotherapy. This service will address common behavioral health issues such as stress, depression, anxiety, relationship conflicts and other common referral issues. As part of the goal of treatment, patients will transition to community-based or primary care providers once they are stabilized. The transitional program is an additional resource for providers who previously would have referred patients to the Center for Comprehensive Behavioral Health for outpatient treatment. Individuals who require urgent or emergent treatment should continue to be referred to higher levels of care or to emergency services.

This service offers to providers in Christiana Care Quality Partners efficient referrals and consultation with a behavioral health consultant who will triage your patient's individual behavioral health needs. If you would like to refer a patient or if you have questions about the program, please call our dedicated physician-only referral line at 302-320-7112. Patients will be seen in offices located at 205 W. 14th St., Wilmington, DE 19801.

Thank you once again for giving Christiana Care the opportunity to partner with you and your patients in their health care.

Regards,

*Ken Silverstein, M.D., MBA
Chief Medical Officer
Christiana Care Health System*

*Alan Greenglass, M.D.
Chief Executive Officer
Christiana Care Quality Partners*